

National Louis University Counseling Association (NLUCA)

Location: Zoom

Date: Saturday, February 5, 2022

Time: 10-11 AM

Present Via Zoom:

Meeting Facilitator: Samantha Rivera

Agenda

A. Call to Order

- a. The meeting was called to order at 10:05 am AM

B. Roll Call

C. Approve Minutes from January Meeting

Motion by Maria Llamas and second to approve by Andrea Salgado

D. Open Business

- a. NLUCA Website contains recordings from December events
 - i. <https://nl.edu/college-of-psychology-and-behavioral-sciences/programs/ms-in-counseling-illinois/meetings/>
 - ii. [Handout](#) for Internship Panel includes link to Dr. Stewart's [internship process overview presentation](#)
- b. NLUCA Leadership Team Office Hours on Saturday mornings
 - .Monday, Feb. 7 from 5:30-7pm Hosted by Andrea, President-Elect
 - i.Wednesday, Feb. 9 from 5-7pm Hosted by PJ, Membership Chair
 - ii.Google form for questions for students who can't attend the office hours. A member of the leadership team will respond. (Note, to share with advisors and future officers.)
- c. NCE Test Prep Dates
 - .2/18 and 2/19 9am-4pm
 - i.Register at: <https://www.imhca.org/event-4518240>
 - 1. A registration code is required for the discount (cost is just \$20). The registration code is: **NLU2022**.
- d. NLUCA Funding Update
 - .NLUCA Care Fair Budget Items (\$350) NLUCA would like to purchase thank you items for speaker. (Advisor Zavala commended Care Fair organizers for low cost and high quality of Care Fair)
 - i.NLUCA Branded Items? – consider NLUCA-branded stress balls for new cohorts. T-shirt or other wear? Graduation cords? Pins for attending events?
 - Speakers? Oliver Camacho (supporting mental health needs of undocumented students) Andrea Salgado suggested Theo Striplin – school counselor
 - Send out Google form for speaker suggestions or topics for suggested speakers (or even additional workshops). Hector will also take emails for suggestions before March meeting.
 - Karen Warren suggested a monthly educational program on a calendar rotation. Suggested topics include addiction, school counseling, CBT, CBT, etc. Members would organize. Karen Warren offered to put together a rough plan by March. Vivian Cardona as a speaker for working with hearing impaired.
 - iii. Other expenses?

- e. Dr. Patrick McGrath Legacy Award Ceremony & Keynote
- i. Last year this was on May 22, 2021
- ii. Committee Members?

E. New Business

- a. Event Ideas for Winter/Spring Terms

F. Adjournment

Meeting concluded at **_10:47__ AM**

Minutes respectively submitted by Sarah Landicho