

National Louis University Counseling Association (NLUCA)

Location: Zoom

Date: Saturday, January 8, 2022

Time: 10-11 AM

Present Via Zoom:

Meeting Facilitator: Samantha Rivera

Agenda

I. Call to Order

- A. The meeting was called to order at **10:02 AM**

II. Roll Call – intro and holiday highlights of members

III. Approve Minutes from December Meeting

- . Minutes approved as read, Andrea S. so moved, and Maria Llamas seconded

IV. Open Business

- . NLUCA Website contains recordings from December events

1. <https://nl.edu/college-of-psychology-and-behavioral-sciences/programs/ms-in-counseling-illinois/meetings/>
2. [Handout](#) for Internship Panel includes link to Dr. Stewart's [internship process overview presentation](#)

- A. [NLUCA Care Fair](#): please help us promote!

1. Saturday, February 5, 2022 from 10am-1pm (Care Fair will take place following the monthly NLUCA meeting with a break between, so please plan to attend both if you can). In partnership with ICA, 2 CE's will be available for attending. No preregistration required. Please share link and information with your cohort.
2. Zoom: <https://nl.zoom.us/j/92658499293>
3. Theme: Combating Impostor Syndrome as a Professional/Graduate Student

- a. Keynote Speaker: Stef Standefer, PhD, LCPC and ICA President-Elect at 11 am

4. Confirming list of possible clinical internship sites (if you know anyone looking for interns next year, please let Samantha or Jen Bott or Maria Llamas know so we can reach out).
5. Breakout room for school counselors will include ISCA board members and ICA School Counselor Interest Group to share tips on internship seeking and finding a job after graduation

- B. NLUCA Leadership Team Office Hours on Saturday mornings

1. Purpose? Frequency? Post-NLUCA meetings?
2. Invite new cohorts for mentorship – pop-in

- . Leadership Team pop-in days (will pose to leadership team)

- a. Google survey/ongoing google doc for folks to post questions

3. Let professors know to promote it in their class

- . Share video with new cohorts:

<https://www.facebook.com/NLUCA2021/videos/363977492035584>

- C. NCE Test Prep Dates

1. 2/18 and 2/19 9am-4pm
2. Register at: <https://www.imhca.org/event-4518240>

. A registration code is required for the discount (cost is just \$20). The registration code is: **NLU2022**.

V.New Business

- . Event Ideas for Winter/Spring Terms
 - 1. Other ideas please share with Leadership Team
- A. NLUCA Meet & Greet (virtual)
 - 1. Jackbox.tv games
 - 2. Survey with possible Friday dates to go out this week

VI.Adjournment

Jen Bott moved to adjourn and Maria Llamas seconded the motion
Meeting concluded at **10:50 AM**

Minutes respectively submitted by Sarah Landicho