

Join our Webinar

WELLNESS, SELF-CARE, AND RESILIENCE FOR EDUCATORS



Join **Dr. Kelli Johnson**, Dean of the College of Psychology and Behavioral Sciences, and **Dr. Jennifer Engelland-Schultz**, Assistant Professor of School Psychology in the National College of Education in a conversation on the promotion of wellness, self-care, and resilience for educators (and caregivers). They will discuss effective, easy-to-use strategies for managing daily challenges, practicing and modeling self-care, and developing long-term wellness and resiliency.

**WEDNESDAY, MAY 24
4:00PM - 4:45PM CST**

RSVP:



on.nl.edu/WellnessMay24