



DRUG AND ALCOHOL PREVENTION PROGRAM (DAAPP) Annual Information 2020



NATIONAL
LOUIS
UNIVERSITY

INTRODUCTION

The Drug-Free Schools and Campuses Regulations (345 CFR Part 86) of the Drug-Free Schools and Communities Act (DFSCA) require an institution of higher education such as National Louis University to certify implemented programs to prevent the abuse of alcohol and use or distribution of illicit drugs both by National Louis University and employees both on its premises and as part of any of its activities.

As a requirement of the Drug Free Schools and Campuses Act, National Louis University must annually distribute the following in writing to all students and employees:

- Standards of conduct that clearly prohibit the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees;
- A description of the legal sanctions under local, state, or federal law for the unlawful possession or distribution of illicit drugs and alcohol;
- A description of the health risks associated with the use of illicit drugs and abuse of alcohol;
- A description of any drug or alcohol counseling, treatment, or rehabilitation or reentry programs that are available to employees or students; and
- A clear statement that the institution will impose sanctions on students and employees and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct

The law further requires that the institution conduct a biennial review of its program with the following objectives:

- Determine the effectiveness of the policy and implementing changes to the alcohol and other drug programs if they are needed;
- To ensure that the sanctions developed are enforced consistently
- The number of drug- and alcohol-related violations and fatalities occurring on the campus or as part of their activities that are reported to campus officials; and
- The number and types of sanctions National Louis University imposes on students or employees as a result of such violations or fatalities.

BIENNIAL REVIEW

Every two years, on even numbered years in July, the institution evaluates the effectiveness of its substance abuse prevention program. The Director of Counseling and Wellness is the University official responsible to conduct assessment and prepare the biennial report, including supporting materials. Upon completion of data collection a review will take place to compare year over year data, crime statistics on campus, including a detail review of website resources and print materials to ensure materials are relevant to reported abuse on campus and community attitudes towards substance abuse.

Research methods and data collection tools:

- Orientation satisfaction surveys
- Program evaluation forms conducted by student affairs staff at the conclusion of all programs and events
- Campus climate survey addressing safety on campus, including specific questions regarding attitudes towards drug and alcohol

ANNUAL NOTIFICATION OF THE DAAPP

a. *Employee Notification*

Notification of the information contained in the DAAPP will be distributed by HR to all current employees of the University via email on or before October 1st of each year.

b. *Student Notification*

Notification of the information contained in the DAAPP will be distributed by the Office of Student Engagement to all currently enrolled students via email aligning with the University's quarterly academic calendar (4 times per year).

STATEMENT OF POLICY: SUBSTANCE USE/ABUSE

National Louis University forbids the unlawful use, possession, distribution or sale of drugs or alcohol by a student anywhere on University property. Students receiving prescription medications from a physician must have the prescription in their possession. Students in violation of state, federal or other local regulations with respect to illegal drugs or alcohol may be subject to both criminal prosecution and University disciplinary action.

The United States Congress has established legislation that requires educational institutions to provide information to students regarding illicit drugs and alcohol abuse. This legislation is commonly referred to as the Drug-Free Schools and Communities Act of 1989. Colleges and universities are asked to certify that they attempt to prevent the unlawful possession, use and/or distribution of drugs and alcohol by students.

National Louis University is committed to maintaining a drug-free environment for students. Disciplinary sanctions that National Louis University may impose for violations of University policies are found under the Student Conduct Process section of this Student Guidebook. Any students who would like to receive additional information or confidential assistance may contact the Office of Student Engagement at 888.658.8632 x.3568.

Per the Drug-Free Schools and Communities Act, National Louis University works to foster a culture of care, where students are informed about the risks associated with consuming alcohol or drugs and the responsibility for healthy behavior and a safe learning environment is shared by all. The primary aspects of the University's policy on alcohol and other drugs are outlined below, please refer to the Student Wellness Webpage and Annual Security Report for full details.

Student Wellness

<https://nl.edu/student-services/counseling-and-wellness/alcohol-and-drugs/>

Annual Security Report

www.nl.edu/legalpages/consumerinfo/annualsecurityreport/

ALCOHOL

NLU prohibits students, student groups and employees from the following unlawful and/or unauthorized conduct involving alcohol:

- Use, possession, distribution or sale of alcohol or containers that previously contained alcohol by anyone under 21 years of age;
- Use, possession, distribution or sale of alcohol or containers that previously contained alcohol anywhere on University property, regardless of age (except as expressly authorized by University facilities personnel);
- Providing alcohol to or procuring alcohol for anyone under 21 years of age;
- Intoxication that results in disruption of University business or raises concern for a student's well-being, regardless of age;
- Drinking games or other practices that promote intoxication or encourage participants to consume alcohol;
- Other violations of University policy or federal, state or local laws pertaining to alcohol.

DRUG

NLU prohibits students, student groups and employees from the following unlawful and/or unauthorized conduct involving drugs or controlled substances:

- Use, misuse, possession, manufacture, distribution or sale of illegal drugs or controlled substances (except as expressly permitted by legal authority, such as a student possessing a physician's prescription and using the substance only as prescribed);
- Use, possession, manufacture or distribution of any drug paraphernalia;
- Intoxication that results in disruption of University business or raises concern for a student's well-being;
- Being in the presence of the use or misuse of illegal drugs or controlled substances on University property;
- Other violations of University policy or federal, state or local laws pertaining to illegal drugs or controlled substances.
- Use or being under the influence of medical marijuana is prohibited on all University campuses and at any University sponsored event or activity.

ADDITIONAL INFORMATION REGARDING DRUGS:

Although Illinois' Compassionate Use of Medical Cannabis Pilot Program Act (H.B. 1) allows patients to possess and consume limited amounts of marijuana for certain medical conditions, this state law conflicts with federal laws governing marijuana. National Louis University is subject to the federal Drug Free Schools and Communities Act Amendments, which mandate that University communities be free of controlled substances (including marijuana). Thus, the use, possession, manufacture, distribution or being under the influence of medical marijuana on University property or at University-related activities is prohibited and violates this policy.

Alcohol and Substance Abuse Policy and Educational Guidelines

National Louis University forbids the unlawful use, possession, distribution, or sale of drugs or alcohol by a student or employee anywhere on University property.

Substance	Alcohol at .10 blood alcohol concentration and above	Cannabis Marijuana Hash/Hash Oil THC	Cocaine includes crack cocaine
Effects of Occasional and Extended Use	impaired motor abilities reduced judgments sleepiness increased sexual desire, but reduced ability to perform nausea, vomiting liver disorders alcoholic hepatitis alcoholic cirrhosis cancer of the tongue, mouth, throat, liver, esophagus, breast fetal alcohol syndrome (most common symptom is mental retardation)	diminished short-term memory, motivation and cognition, coordination, concentration, oral communication, and reaction time anxiety and panic reactions carcinogenic elements in smoke damaged lungs and respiratory system	increased likelihood of risk taking seizures sleeplessness paranoia irregular heartbeat can cause sudden death by stroke or heart failure even in young users cocaine psychosis (paranoia and hallucinations) ulceration of mucous membranes in the nose sexual dysfunction during pregnancy: severe physical and emotional problems in babies
Local Treatment	The National Institute on Drug Abuse Hotline 1-800-662-HELP (An information and referral line that directs callers to treatment centers in the local community)		

Health Risks Associated with Substance Abuse

The University's primary interest is to assist National Louis students, faculty, and staff in avoiding the physiological and psychological damage that results from drug and alcohol abuse. The health risks associated with the use of illicit drugs and the abuse of alcohol include physical impairment such as liver, heart, digestive impairment, memory loss, impaired judgment and other personality disorders.

Depressants Tranquilizers Barbiturates Methaqualone	Other Stimulants (excluding cocaine) Amphetamines Methamphetamines	Psychedelics LSD Mescaline Psilocybin Phencyclidine (PCP) MDMA (Ecstasy) MDA	Narcotics Opium Morphine Codeine Thebaine Heroin Methadone Darvon Demerol
dangerous effects when mixed with alcohol calmness and relaxed muscles slurred speech staggering gait loss of motor coordination altered perceptions respiratory depression, which can result in coma or death disruption of normal sleep cycle during pregnancy: birth defects, brain tumors in children tolerance develops severe withdrawal symptoms physical and psychological dependence	increased heart and respiratory rates elevated blood decreased appetites headaches blurred vision dizziness sleeplessness anxiety amphetamine psychosis (violent behavior, hallucinations, delusions, paranoia) drug tolerance and dependency mood swings ulcers mental confusion	distorted sense of distance, space and time blockage of pain sensation nausea, vomiting and diarrhea severe mood disorders: panic, depression, anxiety greater suggestibility and feelings of invulnerability unpredictable reactions if drugs are "cut" with impurities tolerance after 3-4 daily doses (higher doses are required to produce same effects)	feelings of euphoria followed by drowsiness nausea and vomiting respiratory depression central nervous system depression use of unsterile needles promotes: AIDS, Hepatitis B, Endocarditis (infection in heart) women dependent on opiates have multiple pregnancy complications: spontaneous abortions, still births, anemia and diabetes

*Policies in regard to student alcohol and substance abuse are in this *Student Guidebook* and discipline procedures are in accordance with the Student Conduct Process. Faculty and staff are subject to the employee policies within the Human Resource Department.

Legal Sanctions
Federal Trafficking Penalties as of November 18, 1988

DRUG	QUANTITY	1st OFFENSE PENALTY	2nd OFFENSE PENALTY
Methamphetamine	0-99 gm or 100-999 gm mixture 100 gm or more or 1 kg or more mixture	Not less than 5 years. Not more than 40 years. Not less than 10 years. Not more than life.	Not less than 10 years. Not more than life. Not less than 20 years. Not more than life.
Heroin	100-999 gm mixture 1 kg or more mixture	Not less than 5 years. Not more than 40 years. Not less than 10 years. Not more than life.	Not less than 10 years. Not more than life. Not less than 20 years. Not more than life.
Cocaine	500-4,999 gm mixture 5 kg or more mixture	Not less than 5 years. Not more than 40 years. Not less than 10 years. Not more than life.	Not less than 10 years. Not more than life. Not less than 20 years. Not more than life.
Cocaine Base	5-49 gm mixture 50 mg or more mixture	If death or serious injury, not less than 20 years. Not more than life. If death or serious injury, not less than 20 years. Not more than life.	If death or serious injury, not less than life. If death or serious injury, not less than life.
PCP	10-99 gm or 100-999 gm mixture 100 gm or more or 1 kg or more mixture	If death or serious injury, not less than 20 years. Not more than life. Fine of not more than \$4 million individual, \$10 million other than individual.	If death or serious injury, not less than life. Fine of not more than \$8 million individual, \$20 million other than individual.
LSD	1-10 gm mixture 10 gm or more mixture	Fine of not more than \$2 million individual, \$5 million other than individual. Fine of not more than \$4 million individual, \$10 million other than individual.	Fine of not more than \$4 million individual, \$10 million other than individual. Fine of not more than \$8 million individual, \$20 million other than individual.
Fentanyl	40-399 gm mixture 400 gm or more mixture	Fine of not more than \$2 million individual, \$5 million other than individual. Fine of not more than \$4 million individual, \$10 million other than individual.	Fine of not more than \$4 million individual, \$10 million other than individual. Fine of not more than \$8 million individual, \$20 million other than individual.
DRUG	QUANTITY	1st OFFENSE PENALTY	2nd OFFENSE PENALTY
Fentanyl Analogue	10-99 gm mixture 100 gm or more mixture	Fine of not more than \$2 million individual, \$5 million other than individual. Fine of not more than \$4 million individual, \$10 million other than individual.	Fine of not more than \$4 million individual, \$10 million other than individual. Fine of not more than \$8 million individual, \$20 million other than individual.
OTHERS*	Any	Not more than 5 years. Fine not more than \$250,000 individual, \$1 million not individual.	Not more than 30 years. If death or serious injury, life. Fine \$2 million individual, \$10 million not individual.
		Not more than 3 years. Fine not more than \$250,000 individual, \$1 million not individual.	Not more than 10 years. Fine not more than \$500,000 individual, \$2 million not individual.
		Not more than 1 years. Fine not more than \$100,000 individual, \$250,000 not individual.	Not more than 6 years. Fine not more than \$200,000 individual, \$2 million not individual. Not more than 2 years. Fine not more than \$200,000 individual, \$500,000 not individual.

* Does not include marijuana, hashish, or hash oil. (See separate chart.)

Law as originally enacted states 100 gm. Congress requested to make technical correction to 1 kg.

Federal Trafficking Penalties - Marijuana

DRUG	QUANTITY	1st OFFENSE PENALTY	2nd OFFENSE PENALTY
1,000 kg or more or 1,000 or more plants	Marijuana mixture containing detectable quantity*	Not less than 10 years. Not more than life. If death or serious injury, not less than 20 years, not more than life. Fine not more than \$4 million individual, \$10 million other than individual.	Not less than 20 years, not more than life. If death or serious injury, not less than life. Fine not more than \$8 million individual, \$20 million other than individual.
100-1,000 kg or 100-999 plants	Marijuana mixture containing detectable quantity*	Not less than 5 years, not more than 40 years. If death or serious injury, not less than 20 years. Fine not more than \$2 million individual, \$5 million other than individual.	Not less than 10 years, not more than life. If death or serious injury, not less than life. Fine not more than \$4 million individual, \$10 million other than individual.
50-100 kg 10-100 kg 1-100 kg 50-99 plants	Marijuana Hashish Hashish Oil Marijuana	Not more than 20 years. If death or serious injury, not less than 20 years, not more than life. Fine not more than \$1 million individual, \$5 million other than individual.	Not more than 30 years. If death or serious injury, not less than life. Fine not more than \$4 million individual, \$10 million other than individual.
Less than 50 kg less than 10 kg less than 1 kg	Marijuana Hashish Hashish Oil	Not more than 5 years. Fine not more than \$250,000 individual, \$1 million other than individual.	Not more than 10 years. Fine \$500,000 individual, \$2 million other than individual.

* Includes hashish and hashish oil. (Marijuana is a Schedule I Controlled Substance.)

Treatment and Rehabilitative Services

[National Institute on Alcohol Abuse and Alcoholism](#) (NIAAA) offers extensive information and research regarding alcohol use and abuse.

[Substance Abuse and Mental Health Administration](#) (SAMHSA) is a National Clearinghouse for Alcohol & Drug Information, offering information relating to substance abuse.

To discover more about the causes, effects, and warning signs of substance abuse, as well as important facts about substance abuse on college campuses, please visit <http://www.affordablecollegesonline.org/substance-abuse-in-college/>.

[College Alcoholism Guide](#) provides support for those who are struggling with alcoholism as well as their parents, friends, family members, teachers, healthcare workers, and all members of the community.

[Addiction Center](#) is not a specific treatment facility, but rather a free web information guide that connects addicts and their families with the help they need to put their lives together.

To learn more about understanding an addiction and what you can do to help a loved one suffering from an addiction, please visit <http://www.helpguide.org/articles/addiction/drug-abuse-and-addiction.htm> or <https://www.drugrehab.com/addiction/drugs/>

Assessment Tools:

[Examine your drinking habits and learn how to spot signs of trouble.](#)

[Identify and avoid date rape/club drugs.](#)

[Learn the facts about prescription drug misuse.](#)

[Take this online assessment to determine your level of risk regarding drugs and alcohol.](#)

Support Groups:

[Adult Children of Alcoholics World Service](#)

[Al-Anon Family Groups](#)

[Alcoholics Anonymous](#)

[Cocaine Anonymous](#)

[Narcotics Anonymous](#)

[Online Intergroup of Alcoholics Anonymous](#)

Treatment Centers:

[Gateway Foundation- Chicago West](#) - Adult inpatient and outpatient treatment center. *Chicago, IL 877.505.4673*

[Harborview Recovery Center](#) - Adult inpatient and outpatient treatment. *Lincoln Park, IL 773.665.3371*

[Riverside Recovery of Tampa](#) - Adult inpatient and outpatient treatment center. *Tampa, FL 813.279.6900*

To find treatment centers in your area and learn more about which treatment center may be right for you, check out <http://www.recovery.org/>.

Annual Programming

In accordance with the Drug-Free Schools and Communities Act (DFSCA), every institution of higher education must develop and implement a drug and alcohol abuse education and prevention program

Method	Description	Scope of Content	Assessment	Date/Frequency
Communication	Email to Students	Policy, health risks, legal sanctions, resources, prevention strategies	N/A	Quarterly, 4 times per year
Communication	Email to Staff and Faculty	Policy, health risks, legal sanctions, resources, prevention strategies	N/A	Annually
Annual Wellness Week Program	Host an event during Wellness Week	Preventing substance abuse, health risks, treatment options	Track participation and event effectiveness	Annually
New Student Orientation	Fully online orientation course for both undergraduate and graduate students	Disclosure to include standards of conduct, legal sanctions, health risks, counseling & treatment options, disciplinary sanctions	N/A	Quarterly, 4 times per year

Oversight Responsibility

The Director of Counseling and Wellness and the Associate Director of Human Resources shall serve as the main contacts that will have oversight responsibility of the DAAPP, and coordination of the annual notification to employees and students, including the biennial review.